

You Are Not Alone Series

Join us for a series of informational programs on the emotional, spiritual and healing journey after suicide loss.



Sunday, May 17th | 4-6 pm

The Emotional Journey of Suicide Loss Survivors

-Christine Turo-Shields, LCSW, EMDR Certified Therapist & Loss Survivors Panel

Suicide loss stirs a multitude of emotions from shock and sadness to depression and disillusionment to regret and rage. This program will also include an interactive panel discussion with others who have navigated survivor loss; hear from those representing different types of suicide loss and how they have journeyed into healing.



Sunday, May 31st | 4-6 pm

The Spiritual Journey After Suicide Loss

-Fr. Jim Farrell

Suicide loss touches every part of our being, including the divine. How do we move forward in our spiritual life after unimaginable loss?



Sunday, June 14th | 4-6 pm

The Healing Journey Forward with Suicide Loss

-Sr. Connie Kramer, SP & Lisa Thibault

Come create your own version of the three stepping stones: including setting an intention to heal, intentional mourning, and reaching out to others for help, that are part of the healing journey forward with suicide loss.

You Are Not Alone Retreat

a weekend of hope and healing for survivors of suicide loss.

Saturday, July 11 - Sunday, July 12, 2020
July 11 1-8 pm
July 12 9 am-4 pm

Many suicide loss survivors feel they have few places to turn to, not knowing other survivors and also wanting to be supported by their church community.

This retreat provides a forum for faith believers and Catholics in particular to come together to grieve, share experiences, and learn how God helps them on their journey of survival after a suicide tragedy.

Our Weekend Retreat and Sunday Series hope to offer tools to aid in grief work and survival through books, prayer, and activities.

Support

You Are Not Alone is made possible by contributions of many in our community who are passionate about education on suicide prevention and the need for healing for survivors of suicide loss.

Register

Series Registration: May and June Sunday Evening Series is offered at no cost, but registration is recommended in order to ensure your spot, space is limited.

Retreat Registration: \$25/Person
\$50/ Married Couple

Registration Includes: Program, Meals, Snacks, Guest Room to use during the Program, & Optional Overnight Accommodations

Register Online at:
www.archindy.org/Fatima

Contact Jennifer Burger, Registrar, at jburger@archindy.org or (317)545-7681 with further questions on registration.

safeTALK

safeTALK is a half-day alertness training that prepares anyone over the age of 15 on the warning signs of suicide. We are offering 2 safeTALK Trainings from the American Foundation of Suicide Prevention (AFSP) as a part of the *You Are Not Alone* program. AFSP is dedicated to saving lives and bringing hope to those affected by suicide.

June 6, 2020 | 8:30am-12pm

safeTALK Registration: \$10/person

Register Online at:
afsp.wufoo.com/forms/m1w90rql1y9cmee/



**American
Foundation
for Suicide
Prevention**



safeTALK
suicide alertness for everyone